

Children`s challenging behaviour- WEBINAR

The webinar is part of the Erasmus+ project „Coping with students challenging behaviour“

Project no. 2019-1-EE01-KA229-051598



**COPING WITH STUDENTS
CHALLENGING BEHAVIOUR**

February 10, 2021

WEBINAR'S AGENDA:

1. Introduction of project coordinators
2. Introduction of project partners (schools)
3. An overview of the project
4. Questionnaires results
5. Methods/ approaches how to cope and prevent students challenging behaviour
6. Presentation of psychologist Marina Fjodorova
7. 2 minutes BREAK
8. Psychotherapist/psychiatrist Ilze Pelne Bērziņa
9. QUESTIONS TIME
10. Summary

PROJECT COORDINATORS

- **Petronela Ladecka** from Institut for working rehabilitation for physically handicapped citizens (Slovakia), The secondary vocational school for students with physical handicaps
- **Marija Deletikj** from “Special School D-r Zlatan Sremec”, a school for children with intellectual disabilities and autism (N.Macedonia)
- **Iveta Milevska** from Riga Valda Avotina primary school (Latvia)
- **Raili Hiiesalu** from Pärnu Päikese School, it is a secondary school for children with intellectual disabilities (Estonia)

PROJECT PARTNERS

- Pärnu Päikese School- coordinator of the project



- Institut for working rehabilitation for physically handicapped citizens , The secondary vocational school for students with physical handicaps



- Special School “D-r Zlatan Sremec” – Skopje



- Riga Valda Avotina primary school



ABOUT THE PROJECT

- Exchange of good practices;
- Main priority is strengthening the profiles of the teaching professions. In general, our project will provide lasting benefits to teachers and other school specialists who work with students with disabilities;
- We will try to improve teaching process in our institutions;
- This improvement will be reached with the help of activities, which are focused on the topic of dealing with challenging behaviour.

OUR GOAL IS TO:

- Share possible types of problem solving,
- improve the life of pupils and teachers,
- save our energy, health and wellbeing. We hope to induce lasting benefits for teachers and staff.

The direct "face to face" communication and cooperation will be effective during the transnational project meetings.

After the spread of the coronavirus, we began to find alternative ways to achieve our goals.

WHAT'S ALREADY DONE

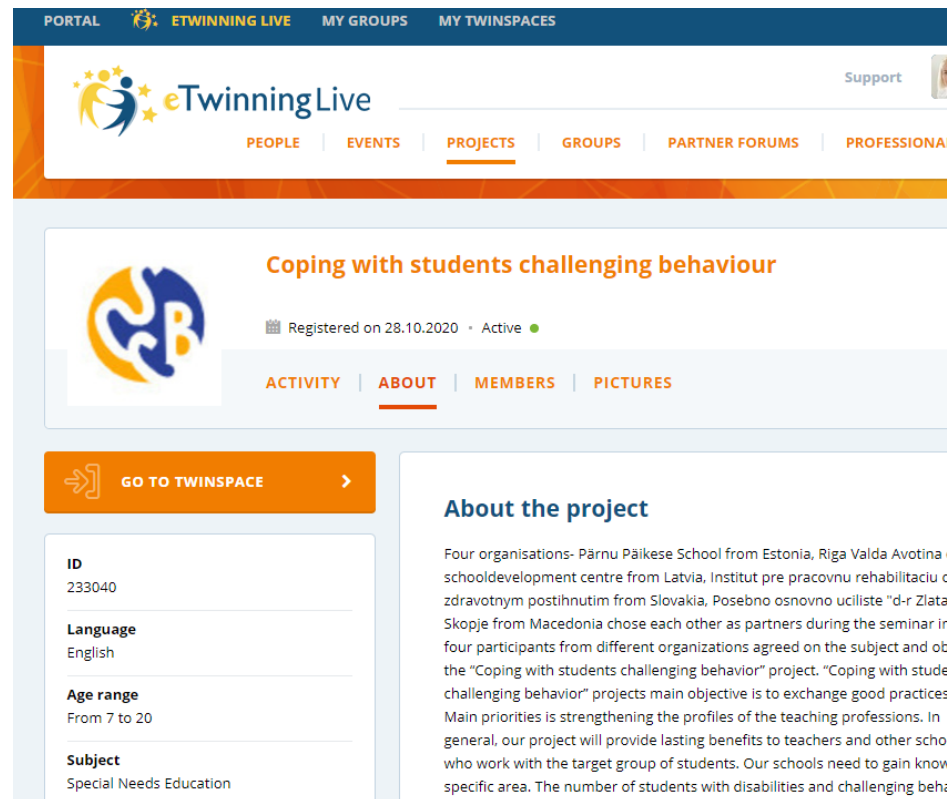
C1 mobility to Estonia



Project webpage



E-twinning project registration



PROJECT WEB PAGE

<https://cscb.parnupaike.ee/>



Mobilities

Postponed mobility to Latvia

26. Aug 2020

Rīga Valda Avotina elementary school-development center in Latvia let us know that their school year is starting differently, some new [...]

[READ MORE](#)

Cancelled mobility to Slovakia

25. May 2020

Due to corona virus our mobility to Slovakia end of May 2020 is cancelled. Next mobility should take place to [...]

[READ MORE](#)



The first mobility to Estonia

1. Dec 2019

The first mobility of the project „Coping with students challenging behaviour” took place in Estonia from 25- 28 November [...]

Search...



MOBILITIES

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The first mobility to Estonia

1. Dec 2019

PARTNERS



ESTONIA

PÄRNU PÄRKSE KÜOL



LATVIA

RĪGAS VALDĀ AVOTINA
PĀRMAKSĀLA-ĀRTISTTĪBAS CENTRS



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csib.parnupaike.ee/contacts/

ABOUT MOBILITIES PARTNERS RESULTS **CONTACTS**

Contacts

Estonia

Pärnu Päikesed School
Raili Hiiesalu
raili.hiiesalu@parnupaike.ee

Latvia

Rīga Valda Avotina elementary school-development centre
Iveta Milevska
binga2@inbox.lv

Slovakia

Institut pre pracovnu rehabilitaciu obcanov so zdravotným postihnutím
Petronela Ladecka
pladecka@gmail.com

North Macedonia

Special Elementary School "D-r Zlatan Sremec"-Skopje
Marija Deletikj
m.deletic@yahoo.com

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ESTONIA
PÄRNU PÄIKESE Kool


LATVIA
RĪGAS VALDAS AVOTINA
PAMATSKOLA-ATTĪSTĪBAS CENTRS



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COPING WITH STUDENTS
CHALLENGING BEHAVIOUR

ABOUT MOBILITIES PARTNERS **RESULTS** CONTACTS

Results

Teachers and parents questionnaire results in an article "Students challenging behaviour and education during COVID-19".

AN ARTICLE November 2020

Search...



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An international cooperation program bringing together classrooms from different schools and countries;

The main goal of eTwinning is to work together through information technology tools. The cooperation will be an educational project, the subjects, duration, results and objectives of which can be chosen by each teacher;
ETwinning offers teachers many opportunities for self-realization to learn new teaching methods together and share best practices.

Project slot in eTwinning:

<https://twinspace.etwinning.net/129102/home>



Support



PEOPLE

EVENTS

PROJECTS

GROUPS

PARTNER FORUMS

PROFESSIONAL DEVELOPMENT



Coping with students challenging behaviour

📅 Registered on 28.10.2020 • Active ●

ACTIVITY

ABOUT

MEMBERS

PICTURES

LIKES

3



GO TO TWinspace



SIMILAR PROJECTS



Emphasising inclusion by
developing mutual aid and
solidarity in Europe
29.01.2021

About the project

Four organisations- Pärnu Päikese School from Estonia, Riga Valda Avotina elementary schooldevelopment centre from Latvia, Institut pre pracovnu rehabilitaciju obcanov so zdravotnym postihnutim from Slovakia, Posebno osnovno uciliste "d-r Zlatan...

[Read more](#)

Why this webinar?

- Spring 2020 the COVID-19
- research (November 2020): ***What kind of help did parents get from child's teachers/school according to teaching children and dealing with challenging behaviour during COVID-19 quarantine time at home in Spring 2020.***
- Teachers questionnaire: useful online teaching methodology and teachers support for parents and students.

CHALLENGING BEHAVIOUR AND DISTANCE LEARNING



- Overall, both parents and teachers replied that this was (Spring 2020) a difficult and hard time for them;
- Stressful and tiring impact on teachers and parents;
- Teachers answered that they met problem behaviour in 50% of pupils during online teaching;
- Online teaching methodology and tools for SEN children are rarely available, so we can conclude that teachers were left on their own creativity, knowledge, computer competencies, capabilities etc.
- Parents need at home immediate help, counselling, consulting-parent-special educator, adapted materials, psychologist visits, assistant at home for a child during distance learning, more environment exchange, consultation from teacher.

APPROACHES HOW TO PREVENT AND COPE WITH CHILDREN CHALLENGING BEHAVIOUR AT HOME (suggestions from Riga Valda Avotina primary school)



- Developing **self-esteem**, **empathy** and **respect** are important teaching to manage anger and emotions;
- **Positive cooperation** between parents and the class teacher;
- Supportive **daily routine**;
- It is very important to have **good** and **dignified relationship** with the child;
- **Trust** the child, talk to him, prove, that he can talk about problems;
- **Harmonious relationship** at home;

SUGGESTIONS FROM RIGA VALDA AVOTINA PRIMARY SCHOOL



- **Explain clearly** what the teacher expects from the child-agree on his/her achievements, taking into account his/her abilities and state of health;
- Create a **safe** and cosy **environment** at home;
- Parents must not support child's unreasonably negative attitude towards teachers and school;
- Parents should refrain from expressing negative attitude towards the teachers in the presence of a child, especially if he/she is an authority in his/her eyes;
- **Positive end of the day**-conversations, playing board games,etc.

APPROACHES HOW TO PREVENT AND COPE WITH CHILDREN CHALLENGING BEHAVIOUR AT HOME

from Institut
for working rehabilitation for physically handicapped citizens (Slovakia)



1. **Routines and rules** are very important
2. Be active in **communication**
3. **Thank** for his/her effort, highlight the effort
4. Keep **well-defined borders**
5. Calmly asking **easy questions**
6. **Motivation**
7. Parents should **keep informed and updated**
8. **Time-schedule** of the days activities help students feel grounded.
9. **SPORT**

APPROACHES HOW TO PREVENT AND COPE WITH CHILDREN'S CHALLENGING BEHAVIOUR AT HOME (suggestions from Pärnu Päikese School from Estonia)



- **Collaboration** between parents;
- **Rules** and **boundaries** at home, discipline;
- **Clear** and understandable **communication** with child;
- **Structure** of the day, day plan;
- **Be there** for a child;
- Try to **avoid irritation** and **tiredness** due to activity;
- Ensure adequate **rest periods** and use **bonuses/rewards**;

SUGGESTIONS from Pärnu Päikese School



- Visual support;
- Physical activity;
- Playing outdoors;
- Plan transitions;
- Alone corner, resting place for a child;
- Predictability;
- Be open to ask help.

APPROACHES HOW TO PREVENT AND COPE WITH CHILDREN CHALLENGING BEHAVIOUR AT HOME from ‘r Zlatan Sremec ’ – Skopje



- **Identify what triggers the behaviour** and how it meets your child's needs
- **Keep a diary** of the difficult behaviour for 1-2 weeks.
- **Use visual support** (daily schedule for each activity during the day),
- **Enable communication through pictures**
- **Reward good behavior**
- **Respect the daily routine**
- **Remove sources** that can trigger **sensory overload**
- **Redirect the activity** with visual support if that has an effect

SUGGESTIONS from SS Dr Zlatan Sremec Skopje



- Avoid situations which are known to be stressful
- **Use a timer or a countdown** to support less favoured activities
- **Identify signals** which **indicate increased levels** of stress such as noises, words or actions
- **Be calm and compassionate.** It is important that the person knows that you will be supportive
- **Offer suggestions** as to what might make the situation better
- **Avoid** using too much **complex language**
- **Organise a distracting activity** or use some de-escalation techniques such as relaxation or vigorous physical activity
- **Say what you want to happen** rather than commenting on the behaviour
- Back off if required and make the immediate environment safe and wait until the young person is able to feel more in control

PRESENTATION OF PSYCHOLOGIST MARINA FJODOROVA

"Behavioural analysis as a path to behavioural changes"

1. School psychologist vs. behavioral analyst
2. Functions of behavior
3. ABC scheme of behavior
4. Environmental circumstances of challenging behavior
5. Using of different strategies for behavioral changes
6. Reinforcement and punishment
7. Summary





PSYCHOTHERAPIST/ PSYCHIATRIST

Ilze Pelne Bērziņa

"Challenging behaviour at school from
psychotherapist's/psychiatrist's point of view"



QUESTIONS- please write in chat window



Thank you for attending!

Contacts

PETRONELA LADECKA (Slovakia)

email: pladecka@gmail.com

IVETA MILEVSKA (Latvia)

email: binga2@inbox.lv

MARIJA DELETIKJ (Macedonia)

email: m.deletic@yahoo.com

RAILI HIIESALU (Estonia)

email: raili.hiiesalu@gmail.com

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